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HELP MAKE IT A SUCCESS, TAKE PART TODAY {page 04}

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Central Park horse died in pain, vet says

- Carriage horse called Charlie had ulcers and fractured tooth, necropsy shows
- ASPCA veterinarian says he may have been forced to work while in agony {page 02}

RENDERING COURTESY OF KPF

Real estate. Vision

▶ The city announced yesterday Coach handbag company will be the first tenant at Hudson Yards, depicted in this rendering. {page 04}

News

Score one for consumers: No BofA debit fee

- Uproar causes about-face on planned charge {page 06}

Yankees bring back Cashman

{page 22}

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Residential parking permits pitched

City and state legislators are mulling over a plan that would require New Yorkers have residential parking permits.

The permits would account for nearly 80 percent of the parking spots in any given neighborhood, according to the New York Post.

The idea was pitched after residents began complaining about a potential parking nightmare once visitors swarm to the Barclays Center in Prospect Heights next year.

The new 18,000-seat basketball arena, slated to open in 2012, only has 1,100 designated parking spaces and Brooklyn residents fear their spots might be usurped.

"It has advantages and disadvantages," said Mayor Michael Bloomberg about the proposed permits. "Residents like it, but merchants don't. They want them for customers."

▶ Barclays Center

The City Council is hosting a public hearing today on the proposed bill, now before the state Legislature. EMILY ANNE EPSTEIN

Group: Sick horse suffered neglect

● ASPCA vet says carriage horse that collapsed and died was likely forced to work despite painful illness ● Incident strengthens call to ban industry

Animal rights activists say a carriage horse that dropped dead on a Midtown street suffered from neglect, dying in pain on the concrete.

Charlie, a 15-year-old draft horse, collapsed on his way to work in Central Park Oct. 23. A necropsy performed at the Cornell University College of Veterinary Medicine showed the horse had stomach ulcers and a fractured tooth, ASPCA officials revealed yesterday.

Charlie was not a healthy horse, said Dr. Pamela Corey, director of the equine veterinary services for the ASPCA's Humane Law Enforcement department.

"We are very concerned that Charlie was forced to work in spite of painful maladies," Corey said.

He had only been working as a carriage horse for a few weeks, according to the ASPCA.

"It sounds like a case of neglect," said Elizabeth Forel, president of the Coalition to Ban Horse-Drawn Carriages.

Only three hours after animal groups held a mournful, candlelit vigil for Charlie on Friday, shocked tourists from North Carolina reported seeing a different horse get spooked and bolt into traffic on Central Park South, according to Forel.

The horse ran up and down the street, dragging his empty carriage behind him, before crashing on Seventh Avenue. Forel did not know if he was injured in the incident.

The city Department of Health requires the city's carriage horses be examined twice a year.

Charlie received a clean bill of health in June, a DOH spokeswoman said, adding that the Cornell report was preliminary only, and the city saw no indications of ulcers or "severe pain."

And Mayor Michael Bloomberg showed little empathy yesterday for Charlie.

"Like everyone, eventually they die," Bloomberg said of horses when asked about the death. "Some die on the streets."

GETTY IMAGES
▶ The death of a horse last month has increased demands to ban the city's carriage horses.

Carriage cars?

The ASPCA, whose officers can issue tickets for neglect, wants to replace horse carriages with electric cars, a proposal the City Council is considering.

POST YOUR COMMENTS: WWW.METRO.US

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In the news

New York kids worse in math

New York students statewide were the only ones in the nation to lose ground in math, even as average scores in the country rose, according to the New York Post. The results of a nationwide test revealed that only 30 percent of New York students are proficient in eighth-grade math. METRO/EAE

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WHAT TO DO WITH LEFTOVER CANDY

WWW.METRO.US/MOVIES
FELICITY JONES IS "LIKE CRAZY"

WWW.METRO.US/ORANGE
WE VISIT HERR'S POTATO CHIP FACTORY

EMILY ANNE EPSTEIN/METRO

Barricades blamed for layoffs

FINANCIAL DISTRICT. The owner of a Wall Street eatery is saying he had to ax 21 of his employees because of lost business due to the police barricades that have been set up in the area since the start of the Occupy Wall Street movement. Mark Epstein, who opened the Milk Street Cafe in June, said sales took such a nose-dive that he was forced to eliminate an entire shift. METRO/CG

Vets join Occupy Wall St.

FINANCIAL DISTRICT. Military veterans will march in uniform with the Occupy Wall Street movement this morning, OWS announced yesterday. Also yesterday, elected officials sent a letter to the mayor requesting that more be done to address concerns of people who live near the park, specifically about protesters who urinate on streets and buildings. METRO/CG

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Hudson Yards: Future of the fashion world?

"Finally, we're going to give you a building as nice as your pocketbooks."
CITY COUNCIL SPEAKER CHRISTINE QUINN TO LEW FRANKFURT, CEO OF COACH

Coach to anchor Hudson Yards development News means Bloomberg's vision for 26-acre new neighborhood is one step closer to becoming reality

When straphangers get off the 7 train at 34th Street and 11th Avenue in 2013, they may now actually have somewhere to go.

Hudson Yards, the once-stalled megaproject of Mayor Michael Bloomberg, took a giant leap forward yesterday when Coach Inc. announced they would be the 26-acre development's first tenant.

"The market has spoken," crowed a gleeful Bloomberg at a news conference yesterday at the railyard on the far west side of Manhattan. "Today's news will have a domino effect on the rest of the development."

The luxury accessories company plans to occupy one-third of the south office tower at the corner of 30th Street and 10th Avenue. Construction will begin on the tower as early as mid-2012, Bloomberg said, and the accompanying Hudson Boulevard Park will be open as early as 2013, when the 7 train is slated to open.

A public plaza, a hotel, residential buildings and a cultural center, nicknamed the CultureShed, will also be built as part of the first phase of development, estimated to be complete by 2016.

Coach may not be the only fashionable tenant; Bloomberg also hinted yesterday he may move Fashion Week to Hudson Yards, as it has "outgrown Lincoln Center," he said.

DBOX RENDERING COURTESY OF KPF

▶ Coach plans to move 1,600 employees into their new global headquarters by 2015.

7 train to NJ revived?

Some are musing that yesterday's news may give the 7 train extension to New Jersey a shot in the arm.

"The 7 will open up this area ... it will unleash development and if we can get it to New Jersey, why wouldn't we?" said Jonathan Bowles, director of the Center for an Urban Future. "There's a lot more population growth in New Jersey than Long Island. It's important for the city's economic future to expand transportation options between New York and New Jersey."

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Still critical after shop cart accident

▶ Hedges

A woman hit on the head with a shopping cart thrown over a ledge in East Harlem was at the Target center buying Halloween candy for underprivileged kids, a report revealed in the New York Post.

Marion Salmon Hedges remains in critical condition after being struck with the cart on Sunday. It fell four stories before landing on her; she was with her 13-year-old son at the time.

Hedges is reportedly a real estate agent who was buying hundreds of dollars worth of candy at Costco to give out to kids. "It's still too early to tell with neurological issues," her husband told the Post yesterday.

Two 12-year-olds were arrested Monday and charged with assault.

METRO/AB

Metro Magic toy drive

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Chain stores slowing growth

- Chain store growth stalls for first time in four years
- More chains are closing stores in NYC than opening

With a Starbucks dotting nearly every corner, it may seem hard to believe but fewer chain stores are opening in the Big Apple for the first time in four years, according to a new report.

Many more chain stores are closing than opening in the city, according to the report, released yesterday by the Center for an Urban Future.

Borders and Hollywood Video, which both declared bankruptcy in 2010, shut down all their stores in the city. Blockbuster shuttered 20 stores and, for the first time in four years, Dunkin' Donuts failed to boost store numbers in the five boroughs.

The sluggish economy may have finally caught up with national retailers, surmised the report. In 2010, 31 percent of all national chains with locations in New York closed some stores — a jump from 20 percent of chain stores that closed in 2009.

The number of chain retailers overall grew 1.6 percent, a slower rate than 4 percent growth between 2009 and 2010.

The borough with the most new chain outposts is Queens, with a 5 percent increase in new chain store openings. In Manhattan, the growth of new chain stores decreased 2 percent.

ALISON BOWEN
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NYC's top chains

According to the Center for an Urban Future:

- **466 stores:** Dunkin' Donuts
- **430 stores:** Subway
- **272 stores:** Metro PCS
- **263 stores:** Starbucks

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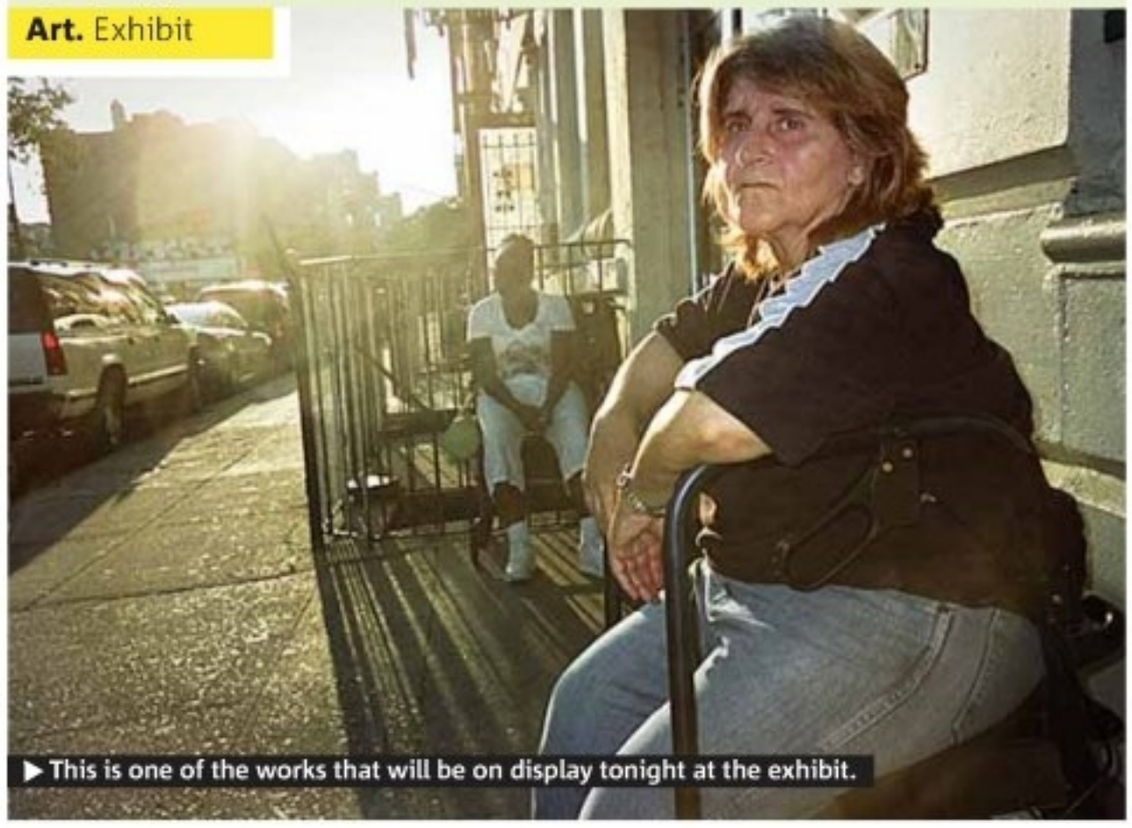
Art. Exhibit



▶ This is one of the works that will be on display tonight at the exhibit.

Homeless photo exhibit on LES

Tonight, the Mark Miller Gallery will host a showcase of images taken by residents of Barrier Free Living, a homeless shelter on the Lower East Side. The residents were taught the basics of photography to fulfill an art therapy requirement, and the result is "Our Eyes, Our Lives." The show will be open to the public from 6 to 9 p.m. at 92 Orchard St. and all proceeds from sales of the images goes directly back to the shelter. METRO/EAE

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You win: BofA drops $5 debit fee

Bank of America Corp. scrapped plans to charge a $5 per-month debit fee, handing a victory to consumers and protesters angry with big banks.

The second-biggest U.S. bank, whose shares were down more than 3 percent, said yesterday that the move was in response to customer feedback and competition. Bank of America was under pressure to make the change as rivals backtracked from plans to charge customers for using their debit cards.

"It's a sign of consumer power in action," said Norma Garcia, manager of the financial services program for Consumers Union. "This is a sign of the marketplace working."

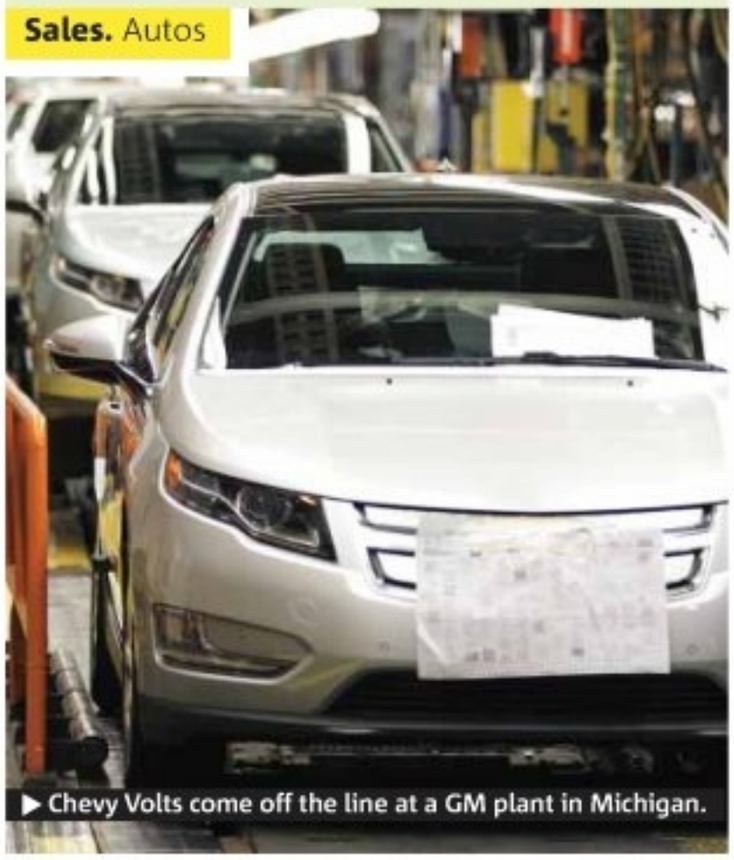
Last week JPMorgan Chase & Co. and Wells Fargo & Company decided to cancel test programs, while SunTrust Banks Inc. and Regions Financial Corp. said on Monday that they would end monthly charges and reimburse customers. REUTERS

'Amazing victory'

U.S. Sen. Richard Durbin, the author of the swipe fee legislation, told reporters on Capitol Hill that the reversal by major banks was "an amazing victory" for consumers across the country.

BILL PUGLIANO/GETTY IMAGES

Sales. Autos



▶ Chevy Volts come off the line at a GM plant in Michigan.

Good October for autos

U.S. auto sales rose to near their highest level of 2011 in October, early sales results showed, although shares in General Motors Co. and other automakers tumbled on concern that the industry's slow recovery could falter. REUTERS

Cain tries to limit the damage to campaign

WASHINGTON. Republican presidential candidate Herman Cain faced fresh pressure yesterday to explain allegations of sexual harassment and contain a crisis threatening his 2012 bid.

Cain declared himself the victim of a "smear campaign" a day after giving conflicting accounts of whether a woman who accused him of sexual harassment was paid a settlement to end her complaint.

In speeches and media appearances, Cain first said on Monday he was unaware that a settlement had been paid. By the end of the day he had backtracked.

But yesterday, Cain acknowledged that a cash payout was made to a woman who filed a harassment claim when she worked at the National Restaurant Association in the 1990s when he headed the organization. REUTERS

Wall St. slides on referendum

NEW YORK. Stocks tumbled 2 percent yesterday after a surprise proposal that Greeks should vote on a EU bailout plan threatened to upend weeks of painstaking negotiations and unleash the region's sovereign debt crisis with renewed force.

Analysts said if Greek voters reject the unpopular bailout in a referendum proposed by Greek Premier George Papandreou, it would result in a "hard default" by Greece, causing bigger losses for banks and raising the threat of systemic risk. REUTERS

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By the numbers

88%

of the world's countries now have laws banning gender discrimination.

20%

have laws mandating female quotas on corporate boards. Yemen has no such law. It claims the bottom spot in the gender equality rankings, with Chad and Pakistan just above it.

Gender report finds many countries making progress

ELISABETH BRAW
METRO WORLD NEWS IN LONDON

The women of Saudi Arabia have cause for celebration: Their country, which until recently banned women from voting, is making significant progress in gender equality. But Scandinavia still reigns supreme, reports the World Economic Forum in its annual survey of gender equality.

"Eight-five percent of the 135 countries we measured have made progress in the past year, but 15 percent have moved backwards," Saadia Zahidi tells Metro. "Those countries include Sweden, where the percentage of female cabinet ministers and female parliamentarians decreased. In the case of Sweden, a step backwards doesn't matter very much, but other countries, like Mali, regressed from an already low level." Zahidi is the author of the World Economic Forum Global Gender Gap Report and a senior director at the World Economic Forum.

Iceland, Norway, Finland and Sweden claim the four top spots, followed by Ireland, New Zealand and Denmark. Perhaps surprisingly, Lesotho ranks ninth, and Cuba places 20th, thanks to its high percentage of female parliamentarians and technical workers. Brazil moves up three spots, to No. 112, thanks to women's increasing incomes. "Closing the gender gap is not a luxury," notes Zahidi. "Even poor countries will perform better if they do." The Philippines, in eighth place, has the world's highest female political participation.

Top 10 countries:

1. Iceland
2. Norway
3. Finland
4. Sweden
5. Ireland
6. New Zealand
7. Denmark
8. Philippines
9. Lesotho
10. Switzerland

▶ "Really muscle and chrome" is by Lukas Ryant.

Metro photo of the day

IN ASSOCIATION WITH ADORAMA

Congratulations to Lukas Ryant from the Czech Republic, winner of Monday's Photo of the Day theme of "the past." Today's theme is "international." To enter your photos on today's theme, visit www.metrophotochallenge.com.

Emergency landing for plane from NY

Plane touches down at Warsaw airport 230 aboard uninjured after landing gear failure on Boeing 767

WOJTEK RADWANSKI/AFP/GETTY IMAGES

▶ LOT said the hydraulic system responsible for operating the wing flaps and the landing gear failed, and backup systems worked only for the flaps — forcing the emergency landing.

No one was hurt when a Boeing 767 flying from New York with some 230 people on board made an emergency landing at Warsaw's airport yesterday after trouble with landing gear.

"All safety procedures worked perfectly fine and, thanks to this, nobody was injured," said Leszek Chorzewski, spokesman for the Polish national flag carrier LOT, operator of the plane.

Live television footage showed the Boeing craft landing on its belly, with a few sparks flying as it hit the runway covered with flame retardant foam. There was no blaze but firefighters hosed the plane with water and foam as a precautionary measure.

Poland's President Bronislaw Komorowski said he would award state decorations to the crew of the plane after briefly talking to the pilot on the phone.

"To all those involved, I say thank you with all my heart," Komorowski told a news conference. REUTERS

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Yes, it really does pay to be the boss

It really does pay to be the boss, no matter what industry you work in.

People in management positions earned more money on average than any other occupational group in May 2010, beating out other lucrative fields like engineering and health care, according to the latest numbers from the Bureau of Labor Statistics.

Wages for managers varied from one industry to the next, but the overall mean salary for these professionals was $105,440. That's nearly $10,000 more than the mean earned by those who worked in the legal profession, which was the second highest-paid occupational group on the list, and more than $30,000 higher than the wages of health care professionals, who ranked fifth on the list.

At first blush, one might assume that lawyers and doctors would earn significantly more than managers, but as the BLS points out, this data factors in the wages earned for management professionals across multiple industries. For example, while many doctors do earn six figures, the occupational group also encompasses lower-paid health care professionals such as dietetic technicians, who earn just $28,820 annually on average.

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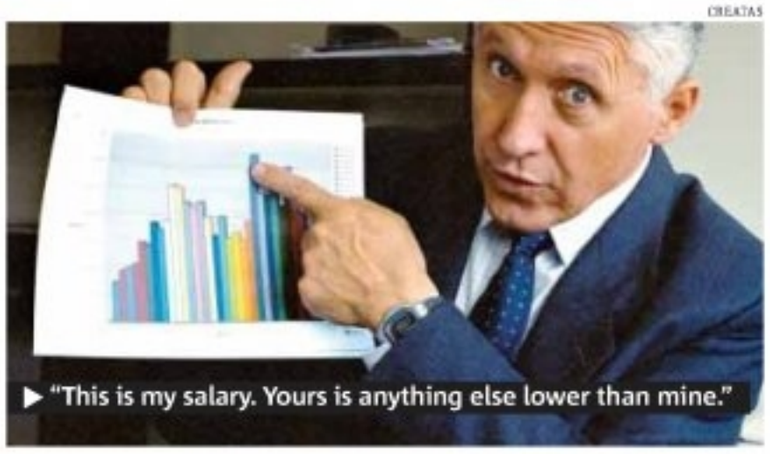
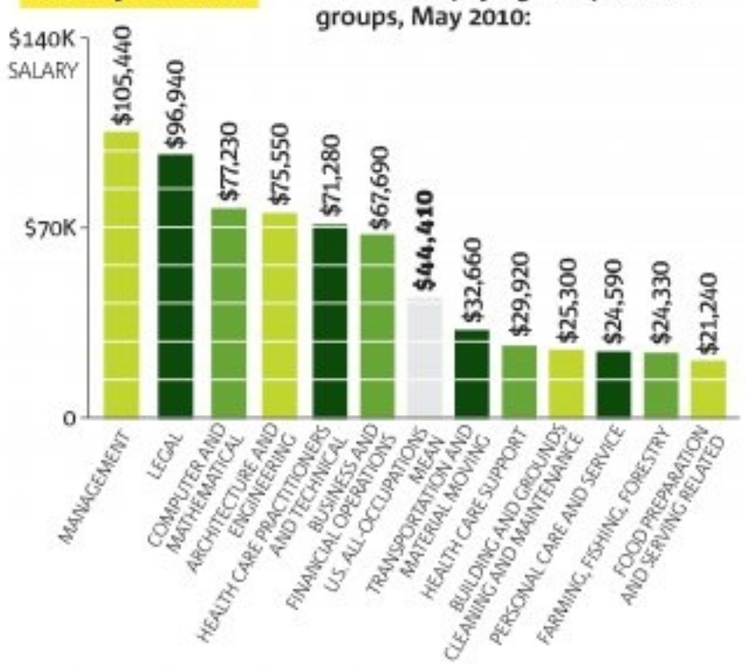


▶ "This is my salary. Yours is anything else lower than mine."

Comparison

Annual mean wages for the highest and lowest paying occupational groups, May 2010:



Amazon reveals Black Friday deals

Amazon's Black Friday hub is officially open for business.

The Black Friday Deals store will feature discounts on hundreds of items like cameras, video games, movies, tools, watches, jewelry, clothing and more, now through Black Friday.

"When it comes to holiday gift shopping there are three things customers want: low prices, items to be in stock and ready to ship, and a convenient shopping experience," said Sally Fouts, spokeswoman for Amazon. "So, in addition to our everyday low prices, customers will find exceptional deals in our Black Friday Deals store starting today all the way through Black Friday. These are deals customers won't want to miss."

The e-commerce giant also provided a sneak peek on deals that will be available leading up to Black Friday. These include: Fujifilm FinePix F505 Digital Camera (includes 4 GB Memory Card) for $179 from $399.95 originally; Arrested Development: The Complete Series for $28.99, regularly $89.98; and Sony 9-inch LED Digital Photo Frame for $69 from $139.99.

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Tiny turtle perches himself on fruit

AUSTRALIA. He may be the size of a small coin but Squirtle the turtle still appears to have a big sweet tooth! The baby eastern long-necked turtle was caught climbing this fruit at Gowinta Farms, a large strawberry farm near Brisbane, Australia, right as the strawberry growing season was drawing to an end.

METRO

JAMIE HANSON/NEWSPIX / REX FEATURES

1.1

INCHES – THAT'S DIAMETER OF A BABY EASTERN LONG-NECKED TURTLE'S SHELL – ROUGHLY THE SAME SIZE AS AN AUSTRALIAN 20-CENT COIN. IN THE ANTIPODES, THESE WATER BABIES ARE COMMONLY KNOWN AS "PENNY TURTLES".

Turtleneck

- Shell grows to 10 inches, with neck the same length.
- Turtle emits foul-smelling fluid from 'musk glands', giving it a nickname "stinker."
- Like a snake, it uses its distinctively long neck to swiftly strike at passing prey items.

The Continuum of Breast Cancer Risk, Treatment and Survivorship in Women Under 40

Presented by NYU Cancer Institute, an NCI-designated Cancer Center

In this program (supported by the Barbara Hope Foundation, Inc.), our experts will discuss risk assessment, screening and therapeutic considerations for women under 40 who have or are at risk for breast cancer. The best protocol for treating these young women has not yet been established, but the approach to systemic therapy is continuously evolving. Younger women with cancer also face particular issues and concerns about fertility preservation and long-term treatment effects. The unique hardships young breast cancer survivors may go through as a result of their treatment will be discussed as well.

This program is open to the general public although the material presented is intended for healthcare professionals. This activity has been approved for 4.75 AMA PRA Category 1 Credits™ for physicians.

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THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

– Dorothy Robinson will return on Thursday.

Divorcing with the Kardashians, Part 2

Wait — you didn't really think we were done with **Kim Kardashian**, did you? Far from it, kupcakes. When there's a four-hour reality TV special on your $10 million wedding, you better believe there's weeks worth of gossip when you divorce 72 days later (and no, we will never get tired of the wonderful numbers in this story).

Here's your daily dose, which we recommend taking with food and a strong drink:

▶ Won't somebody think of the diamonds?! This, we're told, is what 20 carats looks like.

On the rocks

In the divorce filing, Kim asked that jewelry acquired during their marriage remain hers, according to E! Online. The actual pieces are unspecified, and we don't put it past this girl to accumulate some serious gems in 72 days. That said, we're pretty sure this has something to do with that $2 million diamond on her finger.

Kris Humphries is 'devastated'

While Kim's statement was clearly written by her publicist while she went shopping, **Kris Humphries** was a little less guarded: "I love my wife and am devastated to learn she filed for divorce," he said in a statement to E! News on Monday evening. "I'm committed to this marriage and everything this covenant represents. I'm willing to do whatever it takes to make it work."

Are we starting to … feel bad for a member of the Kardashian family? Make this stop. Make this stop right now.

Our favorite explanation

If we start explaining the divorce, are we accidentally implying that the marriage was real? No matter, this one is too good to pass up: Kim was annoyed that Humphries began "chasing fame" and trying to break into Hollywood, reports TMZ. Save it for your "moving on" special, lady.

PHOTOS: GETTY IMAGES

Lohan back in court today

Lindsay's back for another probation hearing today, and she's changed her tune. She'll admit to previously violating her probation, says TMZ, and ask the judge for mercy, as she's now working hard at the morgue. We're betting she lands in jail anyway — if there's one thing we know after this week, it's that there will be no mercy for gossip columnists who want to make it home in time for "Modern Family."

Fine, we'll bite, Jessica

After Kardashiangate broke, **Jessica Simpson** must have finally realized no one was going to pay her the $500,000 she was hoping to score for her pregnancy announcement. Monday night, she posted a photo of herself on her personal website in a tight mummy costume, holding her pregnant belly with the caption "It's true, I'm going to be a mummy." Congrats, Jess — months ago.

Talking points

Demi dressing up, going out

Demi Moore hit the town recently, shaking off her recent marital troubles to enjoy a star-studded Halloween party in Beverly Hills, according to Us Weekly. "She was having fun, [and] she drank. But she wasn't the belle of the ball. Everyone at the party was drunk," a source says.

Moore

Scarlett talks nude photos

Scarlett Johansson opened up about the nude photos that surfaced in September in a new interview with Vanity Fair. Turns out, they were for her now-ex, Ryan Reynolds: "There's nothing wrong with that. It's not like I was shooting a porno. Although there's nothing wrong with that either."

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MORE GOSSIP
WWW.METRO.US/WORD
DOROTHY ROBINSON'S WORD BLOG

A scary flight for Depp

Johnny Depp had a brush with death on a private plane recently. "The plane just shut down. The sound of the engines stopped," Depp tells Life magazine of a flight he took with "Rum Diary" director **Bruce Robinson**. "Bruce and I were looking at each other, and I think I said, 'Is this it?' It was like this weird extended moment when you're just floating for a second and you could feel this unpleasant descent."

2

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Kelly Osbourne is well-dressed, Iman is trying to keep up with the Kardashians, Mindy Kaling has big dreams and Donald Glover knows what he likes.

▶ **@MissKellyO**
the most important thing a girl wears is her confidence!

▶ **@The_Real_IMAN**
i don't watch much tv! but how many days of marriage we're talking about? i'm always so late with these pop culture news!

▶ **@mindykaling**
Can everyone buy my book please? I wanna quit the business and homeschool my kids real weird

▶ **@DonaldGlover**
P.S. If you're a racially ambiguous girl in an insurance ad, I will crush on you something stupid.

Glover

myentertainment

Awesome costumes and more

1: Kelly Ripa and Nick Lachey co-hosted the annual "Live! with Regis and Kelly" Halloween extravaganza on Monday in New York City dressed as Kim Kardashian and Kris Humphries. Yup, the same morning Kim filed for divorce.

2: While one couple's love faded into oblivion, another's appeared even stronger. Heidi Klum and Seal showed us they're sticking together for better or for worse as they shared a kiss in full primate costume at Klum's annual Halloween party in NYC on Monday.

3: Teen pop sensation Justin Bieber appeared on "The Tonight Show with Jay Leno" in Burbank, Calif. on Monday.

4: Liv Tyler was working out (perhaps in anticipation of the candy intake) in NYC on Monday.

5: Sarah Jessica Parker attended the "I Don't Know How She Does It" press conference in Australia yesterday.

6: Robyn rocked it at the "MTV O Music Awards 2" in L.A. on Monday.

7: Justin Timberlake and Amanda Seyfried arrived at the U.K. premiere of "In Time" in London on Monday.

1: JEMAL COUNTESS/GETTY IMAGES
2: KEVIN WINTER/NBCUNIVERSAL/GETTY IMAGES
3: RAY TAMARRA/GETTY IMAGES
4: JOHN DONEGAN/GETTY IMAGES
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mystyle

Unravelling the knit craze

Knitwear has surfaced in a big way this season ● And we don't mean the sweater granny crocheted for you ● Here are some statement, winter woolies to keep you cozy and chic in the chilly months ahead

Stripes

Whether it's a bold autumnal number or Breton-style, it's time to show your stripy side.

▶ **1. Marc by Marc Jacobs silk knit, $322,** www.my-wardrobe.com

▶ **2. ASOS stripe crew neck, $43,** www.asos.com

Shawl collar

They may look like something your old man would shuffle around in, but they'll certainly earn you fashion cred.

▶ **3. Topman, $80,** www.topman.com

▶ **4. Paul Smith, $310,** www.paulsmith.co.uk

Chunky

Extra padding is a must on those bitterly cold, winter mornings — just ask any self-respecting sheep farmer.

▶ **5. Acne Helsinki, $420,** www.acnestudios.com

▶ **6. Zara mohair sweater, $80,** www.zara.com

Cable

Yes, the cable knit is a classic. But it's never looked more relevant than now.

▶ **7. H&M jumper, $50,** www.hm.com

▶ **8. Polo Ralph Lauren Cricket Sweater, $225,** www.mrporter.com

RICHARD PECKETT
METRO WORLD NEWS IN LONDON

BLACK FRIDAY GIFT GUIDE

Don't miss Metro's annual insider's guide featuring a complete listing of Black Friday door busters. The sales are insane but the crowds are just crazy. We'll list all deals and steals so that you can lay out your perfect holiday shopping.

TUESDAY, NOVEMBER 22, 2011
***BONUS!* Distribution on Friday, November 25, 2011**
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Source: Scarborough R1 2011

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Style picks

Plaid at two price points

Whether its lumberjack check or prep school tartan, plaids of all types are having a moment for fall. We love them best on the kinds of unpretentious coats and jackets that you end up wearing every day during the cold months.

1 Maison Scotch Check pea coat, $275, www.shopbop.com

2 Burberry Prorsum cropped coat, $2,995, www.netaporter.com

KENYA HUNT
METRO WORLD NEWS IN LONDON

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Life as horror

Actor Steve Little talks about his new film, 'The Catechism Cataclysm'

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FOR THE FULL INTERVIEW

LITTLEMAN, LITTLEMAN, LITTLEMAN & HICKS

▶ Steve Little stars in "The Catechism Cataclysm."

Known as the sidekick on "Eastbound and Down," Steve Little takes the lead in "The Catechism Cataclysm," a delightfully twisted horror-comedy from writer-director Todd Rohal. The film, available OnDemand, follows a bumbling Catholic priest (Little) who uses his forced sabbatical to track down his high school hero (Robert Longstreet) and rediscover his purpose while on a canoe trip. All hell breaks loose, but Little says that's just part of the horror movie that is life.

While nothing terribly shocking happens for a lot of the film, it's shot with horror movie cues.
I did think of it as a horror movie. The director, Todd Rohal, kind of thinks that's like life. At the end of your life, you're like, "Oh, I didn't know this was a horror movie." You know?

Have you gotten any flack for focusing your story on a priest who's not terribly bright?
I think it's just this guy who's a goofball. I mean, it's about a character that's lost his faith and then goes on this adventure and finds it. I had discussions with Todd where we were like, "What are we trying to say here?" And at times it felt like we were making a Kirk Cameron movie. Like, "Yes! That's exactly right."

Given the film's sinister tone, there's the fear while watching that your character might snap at some point.
Yeah, I thought of Kathy Bates in "Misery," where she's using words like "silly-billy" but then she smacks his legs or whatever. I guess that's a good thing, that you don't know if my character is going to go nuts. Sweethearts go nuts too, I guess.

NED EHRBAR
METRO WORLD NEWS IN LOS ANGELES

TV watch list

'Top Chef'

REALITY. The heat is on in the Lone Star State as the cooking competition moves to San Antonio for Season 9. Twenty-nine chefs are thrown into a pressure cooker of a challenge, with only 16 cheftestants moving onto Episode 2. **Season premiere, 10 p.m., Bravo**

'Up All Night'

COMEDY. For the sake of her daughter, Reagan pretends to get along with her parents (guest stars Blythe Danner and Richard Schiff, right). In 30 years, she'll find out just how well that little life lesson worked out. **8 p.m., NBC**

'The X Factor'

REALITY. It's a full two hours of live performance and a Paula-Nicole crying showdown. **8 p.m., Fox**

'American Horror Story'

DRAMA. Part 2 of this creeptastic series' Halloween episode finds Ben and Vivien haunted by one of their house's new guests. But really, isn't every day at this place Halloween? **10 p.m., FX** AMBER RAY

SCOTT MCDERMOTT/BRAVO

▶ From left: Judges Gail Simmons, Padma Lakshmi and Tom Colicchio do "Top Chef" Texas-style. Now where did Tom leave his cowboy hat?

COLLEEN HAYES/NBC

▶ "Up All Night"

WWW.METRO.US/TVPICKS
AMBER RAY'S DAILY MUST-SEE TV LIST

MTV2 must-see

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SANJIB DAS/ COURTESY OF HBO

▶ Budhia Singh, the little guy leading this pack of runners, is the subject of "Marathon Boy," part of HBO's monthlong series of documentaries examining contemporary India.

India in focus on HBO

Modern-day life in the South Asian nation is highlighted in four documentaries airing throughout November on HBO and HBO2

'Marathon Boy'

Premieres tomorrow at 8 p.m. on HBO

Most people can't imagine running one marathon in their lifetime. Budhia Singh ran 48 marathons by the age of 4. This fascinating story, filmed with unprecedented access over a five-year period, details the rise of a boy who was born into poverty, taken in by a master showman who recognized his natural talent for long-distance running and exploited en route to becoming a national hero.

'The Bengali Detective'

Premieres Nov. 16 at 8 p.m. on HBO2

The plot almost plays out like a Kolkata-set episode of "Bored to Death" — Rajesh Ji, founder of the Always Investigating & Security Concern detective agency, is a Bollywood-obsessed private eye who solves crimes (from the counterfeiting of fake-hair goods to murder) for citizens who have lost trust in local authorities.

WWW.METRO.US/TV
NEWS & REVIEWS ON ALL THINGS DVR-WORTHY

'The Sound of Mumbai: A Musical'

Premieres Nov. 23 at 8 p.m. on HBO2

Performing "The Sound of Music" offers the chance to dream of a life off the streets as the Bombay Chamber Orchestra recruits kids from the slums to stage a one-time-only choral concert of the Rogers and Hammerstein score. And 11-year-old solo performer Ashish is dreaming big — he hopes to inspire a patron to sponsor his education, or maybe even win the affections an upper-class girl.

'Pink Saris'

Premieres Nov. 30 at 8 p.m. on HBO2

Amid devastating stories of abuse against women in arranged marriages in Northern India, hope comes in the form of a pink sari. Sampat Pal escaped her own horrors — she was often beaten by the family she was married into as a young girl — to found the Gulabi Gang (aka the Pink Gang), a vigilante group who, yes, don bright pink clothes, but also battle antiquated caste traditions that endanger women.

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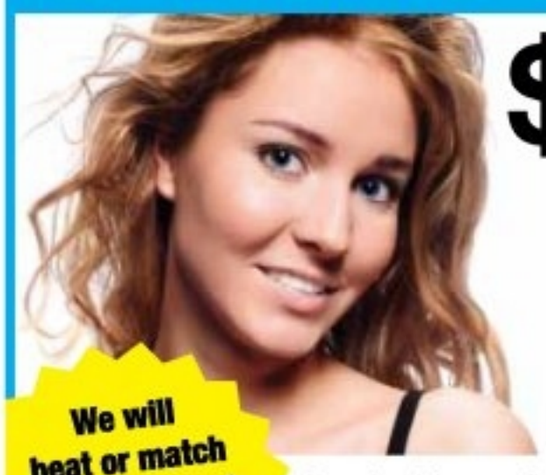

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The question

I've been dating a woman for two years. I like her very much and she's a lot of fun. The problem is she frequently brings up my past. I'm 33 years old and she's 30. I've dated lots of women before her and she's unaccepting of the fact that I've had sex before I met her. What do I do?

Since your girlfriend takes issue with you having a dating history maybe she needs to find a virgin. It would be difficult for her to find a 33-year-old who hasn't had sex. I assume she herself has no history? If she has, then this is the height of hypocrisy. She's either hugely naive or projecting some of her own issues onto you. Unless you've participated in unlawful or dangerous sexual acts that potentially impact her today, it's none of her business.

You should be commended for being so open and honest about your history. This transparency speaks to your commitment to her. By divulging sexual history, you assume a level of trust that shouldn't be thrown back in your face. She has violated this trust. She needs to get over your past and focus on the present and future. If you're loving, supportive, respectful and have a healthy sex life, then there's no need for her to harp on your sexual history. Ask her what she hopes to gain by bringing up your past girlfriends. My guess is that this is more about her insecurity than your experience.

If this has been going on for two years, it probably isn't going to change. You cannot change a belief system that seems unwavering. You can decide, though, how much you want to be exposed to it. It seems clear that you care about her. However, one of the fundamentals of a healthy relationship is missing: unconditional acceptance. Express to her this unmet need and your desire for full acceptance of who you are now, not whom you dated in the past. If she can't be accepting, then you must move on.

– Jonathan Alpert is a licensed psychotherapist. E-mail him your questions at jonathan@jonathanalpert.com

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Location of study: U.S.
Results: New research from the Florida Department of Citrus says that consuming OJ can evoke feelings of positivity and freedom.
Significance: Studies have suggested that happiness is good for your physical and mental health: Happy people have more energy, stronger immune systems and better friendships.

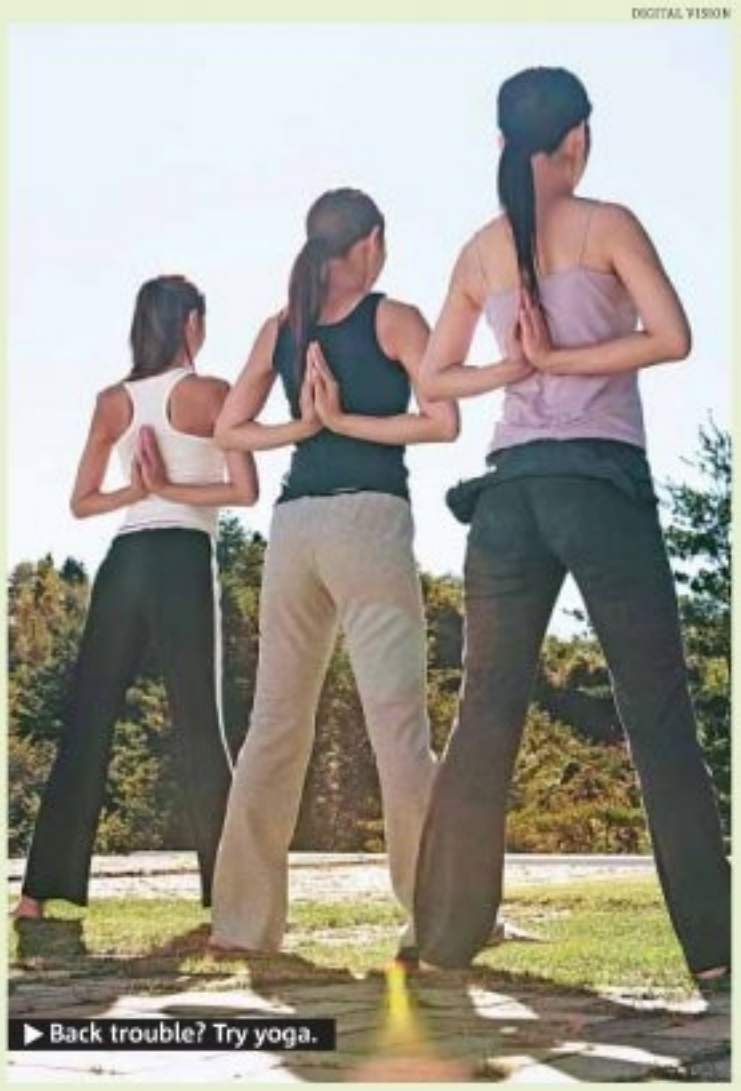
Lung cancer screening

Study subjects: 150,000 adults
Location of study: U.S.
Results: Regardless of whether study subjects smoked or not, the National Cancer Institute found that people who had regular annual chest X-ray screenings were just as likely to die of lung cancer as participants who didn't have those tests. CT scans, however, appear to cut the rate.
Significance: X-ray screenings are unreliable in detecting lung cancer, the leading cause of cancer death in the world.

The pill and ovarian cancer

Study subjects: 300,000 women who took the pill for 10 years
Location of study: U.K.
Results: The British Journal of Cancer confirmed that several studies have found that women who take birth control pills for 10 years reduced their risk of ovarian cancer by 45 percent.
Significance: Even women who have ever taken birth control pills have a 15 percent reduced risk of developing ovarian cancer.

DIGITAL VISION



▶ Back trouble? Try yoga.

Yoga and stretching for back pain

Study subjects: 228 adults with long-term lower back pain
Location of study: U.S.
Results: This study, published in the Archives of Internal Medicine, found that both yoga and simple stretching exercises alleviate lower-back pain. Subjects who were given a book on pain management did not experience the same benefits.
Significance: Researchers concluded that it is the stretching and strengthening elements in yoga that work on relieving discomfort and improving function, not the relaxation elements. ● LINDA CLARKE

New York is among the sleepiest

This might explain all the yawning we see on the subway each morning: A new ranking from Sleepy's says that New York is the fifth-sleepiest city in the U.S. The top five sleep-deprived areas were:

▶ **1.** Detroit
▶ **2.** Birmingham, Ala.
▶ **3.** Oklahoma City
▶ **4.** New Orleans
▶ **5.** New York

While we're on the subject of sleep, don't forget to set your clock back for Daylight Savings this weekend!
● MEREDITH ENGEL

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mywellbeing

The details on diabetes

It's been linked to heart disease, stroke, blindness and a slew of other medical problems What you can do today to lower your risk

November is Diabetes Awareness Month, and with the American Diabetes Association reporting an estimated 25.8 million diabetics across the nation, including 1.9 million new adult cases last year, it's time to get proactive in preventing this potentially fatal condition.

Diabetes is characterized by big surges in blood glucose levels. Unfortunately, Type 1, or juvenile diabetes, is not preventable. It occurs when the body doesn't produce insulin, the hormone that regulates blood sugar levels. Type 2, the more common type, occurs when insulin response is compromised by unnatural surges in blood sugar that the body just can't manage. However, it is largely preventable.

"People can lower their risk of getting Type 2 diabetes through lifestyle changes, such as regular exercise and a good diet," says Lisa M. Davis, Ph.D, the director of research and development for Medifast, a weight loss meal replacement program. "Losing just 5 percent of your body weight can significantly lower your risk. For people with Type 2 diabetes who are overweight or obese, one of the most effective strategies for reversing the disease is losing weight and getting active."

The average person doesn't need superhero skills in the kitchen to temper the condition either — just the will to cut down on sugars and starches. "A well-balanced diet that emphasizes low-glycemic foods [like fruits, vegetables, beans and whole grains] will help. These do not cause sudden upsurges in blood sugar levels," says Davis. "Exercise is also critical. It helps by sensitizing the cells that take up excess sugar from our bloodstream and making them work more efficiently."

BANANASTOCK

▶ An estimated 8 percent of the nation's population has diabetes.

Already have diabetes?

You can enroll in Rite Aid's new wellness+ for diabetes program for in-store savings and access to a special WebMD section on the condition. You can also create a personal diabetes plan that provides recipe ideas and tracks your glucose and workouts. For details, visit **www.riteaid.com/diabetes.**

LINDA CLARKE
letters@metro.us

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Interview

The Sorvinos lend support

Mira Sorvino does not have diabetes, but her father, actor Paul Sorvino, does. The duo are educating others on the condition through their work with Sanofi's Diabetes Co-Stars, an awareness campaign underscoring the role of caregiver support for people with diabetes. Though the elder Sorvino says he knew nothing about the illness before his diagnosis — and his daughter says she knew less — the two have adapted their lifestyles to keep Paul healthy.

"Part of what you have to do is just encourage the person who's living with diabetes to stay on the straight and narrow, which can be really rough, especially if other people are pushing unhealthy choices on them," Mira says.

▶ Mira and Paul Sorvino

"It doesn't have to ruin your life: You just have to face it with courage and it's a lot easier to face it with support."
MIRA SORVINO

"Dad is following his doctor's orders: He's taking his medication, he's exercising a lot more and he's really changed his diet. I'm very proud of him."

The Oscar-winning actress says that tackling the illness head-on is important.

"I think that many people try and wish it away," Mira says. "If you stay on top of it it's a very manageable condition. It doesn't have to be a death sentence, it doesn't have to ruin your life: You just have to face it with courage and it's a lot easier to face it with support."

"There's an Italian saying," Paul adds. "Not every ill comes to destroy you. This forces me to lose weight and think about things in a healthier way."

For more on the Sorvinos' efforts, visit www.diabetescostars.com. MEREDITH ENGEL

myletters&games

Letters

letters@metro.us

Gays should be so privileged

Kim Kardashian and Kris Humphries had a wedding for publicity purposes and made a mockery of the institution of marriage. After 72 days and millions of dollars later a divorce is pending. But gay men and women who are devoted to their partners are not allowed to marry because of the "sanctity of marriage." What is that I hear or rather don't hear? Silence from conservative groups who always voice their opposition to people who are in love who just happen to be the same gender. There are gay couples that have been together for decades and depending on where they live are unable to wed. Love is love and wanting to make a legal union out of it should not be exclusive to heterosexuals.

GISEL R ENGLISH, ROOSEVELT, NY

Stop 'Keeping Up' with them

Big surprise that Kim Kardashian's marriage is already over! Was this even a serious romance in the first place or just another calculated advertising move by the Kardashian empire? Fueled by the revelation that this family "earned" over 65 million dollars last year, let's all vow to not put an additional dime into the coffers of Kim or her siblings. Boycott their fashions, perfumes and TV shows. Stop giving them your hard-earned money!

RICHARD FEINBERG, VIA EMAIL

Where is the real magic?

Your (Metro Magic) gift suggestions are missing some magic! Why not mention books and arts and craft supplies? The principle I followed when my sons were little was something for the mind, body and spirit. In other words: books, sweaters and toys. I agree that sports equipment is good but minds and hearts need to be active too.

EVE SULLIVAN, VIA EMAIL

The 'American Dream' vs. OWS

I'm a college student graduating next year and six months after that I'll have to face my debt. I'm not in the 1%, but I'm doing what I can to climb the ranks to that 1% because that's the American dream. I have everything I need to move up in our system and it leads me to believe that putting my hand out is below me. If you're able bodied and minded, go get a job and strive to become what you want instead of sitting in a tent begging.

ANTHONY GUERRIERO, VIA EMAIL

E-mail your letters: letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♏ Scorpio **Oct. 24-Nov. 22.** It might be smart to yield a little on some minor issues in order to avoid locking horns with a family member over a big matter.

♐ Sagittarius **Nov. 23-Dec. 21.** Because of your reluctance to be forthright about what is bothering you, many of your companions will find you difficult to understand.

♑ Capricorn **Dec. 22-Jan. 19.** Frivolous activities that don't make any kind of contribution to your material or social well-being shouldn't be given a whole lot of your time.

♒ Aquarius **Jan. 20-Feb. 19.** Your self-image and reputation could suffer greatly if you fail to keep your temper in check, especially when you're around people you like and respect.

♓ Pisces Feb. **20-March 20.** If you insist upon dwelling on negatives, you'll elude all possibility of having any success. It's important to strive to be a positive thinker as much and as often as you can.

♈ Aries **March 21-April 19.** Keep your snoot out of a friend's business if you see that she or he is unwilling to share something with you. Everyone is entitled to privacy when they feel it's warranted.

♉ Taurus **April 20-May 20.** You're in for a big surprise if you think inflexibility will enhance your negotiating skills. All it will do is cause people to turn their backs on you.

♊ Gemini **May 21-June 20.** There's nothing to be gained by spreading yourself too thin where your work is concerned. It will gain you a lot of needless frustration when you can't complete all that you want to.

♋ Cancer **June 21-July 22.** Trying to con a co-worker into doing a job your way will turn into a frustrating experience. If you want things done well, let your colleague call the shots.

♌ Leo **July 23-Aug. 22.** Unless you think your way through every step of the day, your gains will be slimmer than a fashion model. If you do things in a haphazard manner, your fragile arrangements will crumble.

♍ Virgo **Aug. 23-Sept. 22.** You had better stay focused on your endeavors because if you don't, chances are you will make a serious mistake that could require a total makeover.

♎ Libra **Sept. 23-Oct. 23.** If you intend to go window-shopping at the mall, you'd be smart to leave your credit cards at home. Your resolve to maintain your budget will be weaker than a wet noodle.

BERNICE BEDE OSOL

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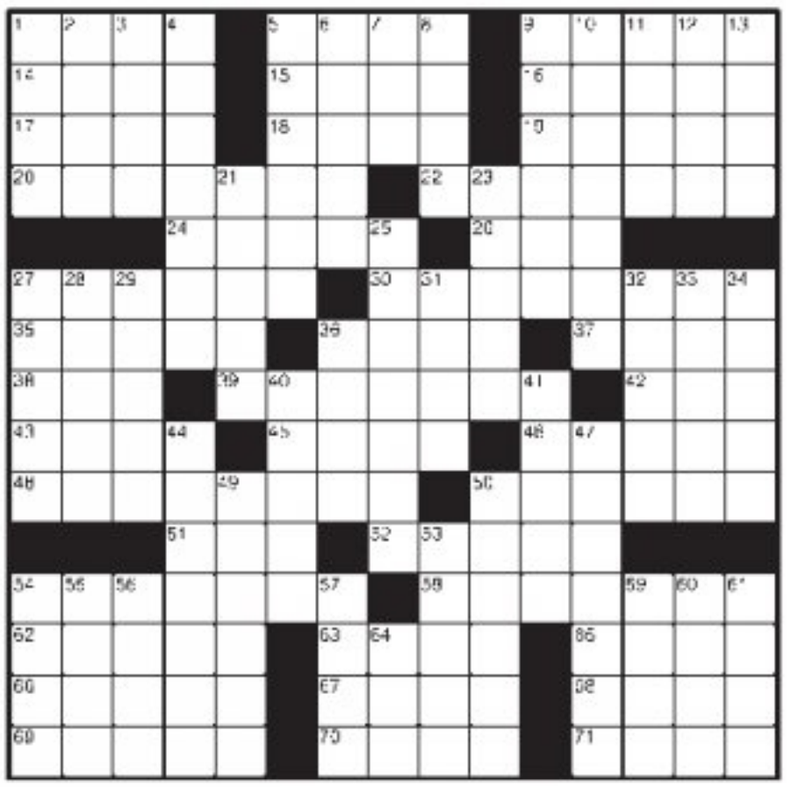
Across
1 Cold feet
5 Tinned meat
9 Public tiff
14 Tie down
15 Counting-out start
16 More pristine
17 Dilettantish
18 Rave's partner
19 Less cordial
20 Allure
22 PC adepts
24 TV statuettes
26 Baseball's — Durocher
27 Oaks-to-be
30 Murdered in a whodunit, maybe
35 RC rival
36 Bedouin
37 One-and-only
38 Sugary drink
39 Cowl wearer
42 Nothing at all
43 Not frequent
45 Far East nanny
46 — Island
48 Really went places
50 Set free
51 Livy's hello
52 Vermont ski resort
54 Majestic
58 Cod's cousin
62 Dyeing method
63 Pooch's comment
65 N. Mex. neighbor
66 Defy
67 La femme
68 Habeas corpus, for example
69 Da and ja
70 Crystal gazer
71 Where hackles rise

Down
1 Mailbox attachment
2 British peer
3 Nick and Nora's dog
4 Poets
5 Antitoxins
6 Polar explorer
7 Raggedy doll
8 Bullfinch topic
9 Nutmeg and cloves
10 Birds in a clock
11 A Great Lake
12 Not e'en once
13 Makes a typo
21 "— vincit amor"
23 Suspect's need
25 Mustard and mayo
27 By itself
28 It repels moths
29 Puccini work
31 Vow
32 Taboos (hyph.)
33 Drop syllables
34 Edited out
36 Crowning point
40 Hawthorne town
41 Throng
44 Deliberately vague
47 Square dance
49 Draws forth
50 Casual shoe
53 Oar pin
54 Advice column legend
55 Article of merchandise
56 LAX guesses
57 Dolly and her clones
59 Gumbo ingredient
60 Neaten the hedge
61 Petruchio's intended
64 Yea, to a matador



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SUDOKU **LEVEL: EASY**

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	8	4						2

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

R	U	H	R	■	P	R	A	M	■	F	E	T	C	H
A	R	A	T	■	R	O	B	E	■	L	L	A	M	A
F	I	R	E	T	O	W	E	R	■	A	U	T	O	S
T	A	P	■	A	P	E	D	■	S	U	D	A	N	■
S	H	O	C	K	E	D	■	E	I	N	E	■	■	■
■	■	■	O	E	R	■	F	L	O	T	S	A	M	■
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■	■	■	A	M	T	S	■	G	R	A	N	D	M	A
■	C	A	M	E	O	■	D	U	E	L	■	I	I	I
C	A	B	I	N	■	S	A	L	T	L	I	C	K	S
P	R	I	N	T	■	R	I	C	H	■	N	E	E	L
L	E	T	G	O	■	O	S	H	A	■	N	Y	S	E

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Yankees won't sign big offensive stars

If the Yankees do look to make any signings on the free agent market, don't expect a big bat such as Albert Pujols or Prince Fielder.

Other than the lack of timely hitting in the playoffs, offense was not a problem for the club. Designated hitter is an open slot, though the Yankees prefer to rotate players in and out of the position.

"Offense is not a problem with this club," he said.

In fact, Cashman doesn't seem to be leaning toward adding any type of hitter in the market, let alone a name slugger.

Cashman said he doesn't "anticipate a bat being a need at all."

Francisco Cervelli, who missed the end of the season with at least his second concussion, will be back and healthy according to Cashman.

GETTY IMAGES

▶ Montero

"Cervelli is fine. He's full bore, ready to go as a catcher."

Promising young hitter Jesus Montero will likely see time at multiple positions. He batted .328 with four home runs after a September call up. METRO

Cash Money: GM back with Yanks

Yankees officially sign contract with Brian Cashman • Talks Sabathia signing, as well as adding more pitching • Won't commit to A.J. Burnett

Thirteen men have served as Yankee general manager since George Steinbrenner purchased the team from CBS in 1973. None has lasted as long as Brian Cashman.

Now he will get three more years with a contract extension that runs through the 2014 season. The general manager was paid about $2 million per year on his last contract and will reportedly receive a small raise.

It was considered only a matter of time, but Cashman will return to the position he has held since replacing Bob Watson for the 1998 season.

Even as Cashman's contract expired Monday, it was apparent he was returning. The biggest indicator was that he spearheaded the negotiations on pitcher CC Sabathia's reworked contract that was agreed to Monday night, four and a half hours before the lefty could have opted out.

"Securing CC in that way allows us to be very open minded and conservative in our approach," Cashman said yesterday during a conference call announcing his contract extension. "I think we're in a position now to take our time and explore and digest, as well as pursue, but at our own pace, not in an emotional or reactive state."

JIM MCISAAC/GETTY IMAGES

▶ Cashman says this offseason will be focused on helping out the pitching staff.

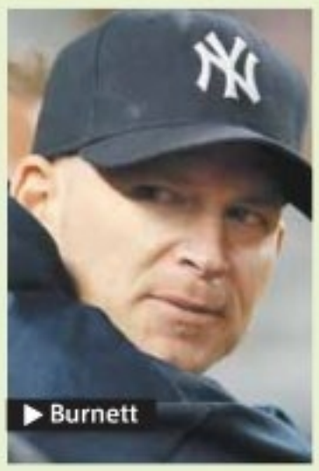
4

Cashman has won four World Series as general manager (1998, '99, 2000, '09). The last to do that was Buzzie Bavasi of the Brooklyn and L.A. Dodgers in 1955, '59, '63 and '65

That seems to indicate the Yankees will approach the offseason slowly and not throw a $100 million contract at former Texas starting pitcher C.J. Wilson or any other prominent free agent. Though they will explore a market that also includes Japanese star Yu Darvish, former White Sox left Mark Buehrle and former Astro and Phillie Roy Oswalt among the notable starters.

"It is pitching, pitching, pitching," Cashman said. "That will be the main thrust of this stuff."

LARRY FLEISHER
sports@metro.us



▶ Burnett

Burnett trade is possible

On other topics, Cashman said he is open-minded to trades, including Burnett, who has a limited no-trade clause in his five-year deal.

"I think it would be hard to replace his innings," Cashman said. "I am open-minded to if anyone wants to approach me on anyone on this roster that doesn't have a full no-trade clause. The worst I can tell them is no. METRO/LF

Posada decision to come

Cashman also said that he was not ready to discuss Jorge Posada's future.

"That is something we will have to discuss in the short term, but it is not something I'm prepared to talk about today."

Cashman did say he will bring Russell Martin back.

METRO/LF

In the news

Patriots receiver arrested

New England wide receiver Julian Edelman was charged yesterday for allegedly groping a woman at a Halloween party at a Boston bar. Edelman was thrown out of the club and arrested on the spot. He denied to police that he groped the woman.

METRO

In the news

Big East invites new members

They won't go down without a fight.

The Big East, which has already lost Pitt, Syracuse and West Virginia, have reportedly extended invites to Air Force, Navy and Boise State for football and SMU, Houston and UCF for all sports.

NEW YORK RANGERS

Bad boy is on his way back

Rangers fans, you appear to be getting your wish.

Just a few days after many of the fans in attendance at the Rangers' home opener chanted for Sean Avery's return, it appears likely to happen tomorrow.

Avery was cut by the Rangers on their season-opening trip to Europe and subsequently sent to the Rangers' minor-league, AHL-affiliate Whale.

A knee injury to center Mike Rupp necessitated the call-up of the always controversial Avery, according to head coach Jon Tortorella.

Avery had to clear waivers — where he could have been claimed by any team — before being brought back up to the squad yesterday.

METRO

NHL dealing with issue of cheap hits

- Concussions becoming big topic
- Fines, suspensions increasing

Erik Christensen's face was a mask of anger and disgust.

It was a few minutes after 9:30 on the night of Sept. 26, and the Rangers' center was sitting at a stall inside the visitors' dressing room in the bowels of Philadelphia's Wells Fargo Center. The Rangers had lost an exhibition game to the Flyers, 5-3.

The loss was not what was on Christensen's mind. Rather, two checks on Rangers prospect Andre Deveaux bothered Christensen.

"Stuff that was going on tonight … what can you say?" Christensen asked rhetorically.

Tom Sestito was ejected for checking Deveaux face first into the boards. Max Talbot drove Deveaux into the boards in the second period.

"It's tough to watch," Christensen said.

Hits on defenseless players — and the concussions that often follow — have become the hot-button topic. Maple Leafs left wing Clarke MacArthur recently told the Canadian Press that he believes the NHL will become a "no hitting" league.

MacArthur and Sestito are two of the nine players who received supplemental discipline from the NHL during the preseason. NHL Senior Vice President of Player Safety and Hockey Operations Brendan Shanahan suspended the athletes for 27 exhibition games and 31 regular season games. The players were fined $701,682.56. The fine money is earmarked for the Players' Emergency Assistance Fund.

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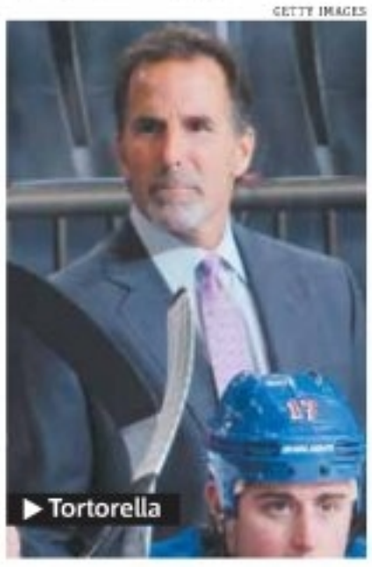
LEN REDKOLES/GETTY IMAGES

▶ Marc Staal has yet to play this season after being hit — by his own brother — last season and getting a concussion.

Tortorella: 'Shut up,' Joe

GETTY IMAGES



▶ Tortorella

So we are going to go with a "no" on whether Rangers coach John Tortorella believes his team is "soft."

San Jose Sharks captain Joe Thornton called the Rangers — who had just beaten his team 5-2 — "the softest team we've played on the [road] trip."

The New York Daily News caught up with Tortorella after practice yesterday and, as per usual, he didn't hold back in his comments.

"It surprised me. I've never heard a player say that," Tortorella said. "Joe's a heck of a player, but here's a player popping off about our team, and Joe hasn't won a god damn thing in this league. He could go down as a player, being one of the better players in our league never to win anything. So what he should do is just shut up. It was uncalled for, it was classless, and I've never had it happen like that before."

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KEEPING UP WITH THE SHAM MARRIAGES

Opinion

JASON McINTYRE
SPORTS@METRO.US

Do you watch reality TV? Or, more specifically, anything involving Kim Kardashian? If you do, you're a sucker.

You fell for it. Hook, line and sinker. Operating out of the same playbook that made non-entities like **Paris Hilton**, **Heidi Montag** and **Spencer Whatever-His-Name-Is** fleetingly famous, **Kim Kardashian** concocted a romance with a professional athlete *(Some NBA fans might argue the merits of Kris Humphries, but we'll call him a pro)*, milked it for magazine covers, a TV show and lots of money and — less than three months later — she's dumping him, and hoping to profit again.

Are we complicit because we mention her occasionally in this space? Perhaps.

It was one thing when she was dating athletes, but when she noticed her clock ticking last year and started looking to exclusively profit — since she has no other discernable talents — Kim K. became highly mockable.

Kim Kardashian

Quoted

"If the unwashed masses eat up the garbage these frauds are peddling, this cycle will continue."

This week, Kardashian very publicly dumped her husband after 72 days of wedded bliss. One would imagine prior to filing the divorce papers, she hunkered down with her "team" to prepare for the inevitable media onslaught.

The timing of the "announcement" was perfect. Remember, all the celebrity weeklies go to print Monday night, Tuesday morning, so she'll probably be on a few of those covers. But which print outlet will bid highest for the first interview? I'm sure they already have taglines like **"Kim's Heartbreak"** ready to hit the printing presses.

She'll sell her first TV interview, too — only with a new hook, because who would want to hear what they just read in a magazine? You've got to figure the "Today Show," "Good Morning America," Barbara Walters or one of those tabloid entertainment shows will win out, right?

It's disgustingly pathetic, but if the unwashed masses are willing to eat up the garbage these frauds — yes, Kardashian and her ilk are frauds — are peddling, this cycle will continue.

You think Kardashian gets a TV show without a boyfriend who was a pro athlete playing outside the biggest city in the country?

Of course not.

What if the NBA lockout ended next month and Oklahoma City signed Humphries? There's no way she's moving there. The marriage was a sham, people.

But now she'll get a second season of her show because it will be all about her single life in New York or Miami or L.A. Her "team" of advisers will probably target an up-and-coming athlete or once-famous-but-now-desperate actor as a potential suitor.

Welcome to Hollywood!

*– **Jason Raj McIntyre** covers athletes off the field and runs the popular blog, The Big Lead.*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send 300-word submissions to letters@metro.us.

689
Number of rushing yards this season for Isaiah Crowell this season, fifth in the SEC.

33
Number of rushing yards this season for Brandon Harton, their only healthy back.

Georgia suspends star back, two others

Quarterback Aaron Murray better start warming up his arm right now.

Georgia announced yesterday that their top two running backs Isaiah Crowell and Carlton Thomas, as well as reserve running back Ken Malcome, will be suspended for this weekend's game against New Mexico State.

Georgia head coach Mark Richt would not say why the three were suspended, but ESPN reported that they all failed a drug test last week.

"They didn't do things the Georgia way," was all Richt would say after announcing the suspensions.

Crowell was one of the top recruits in the country last year and is starting as a true freshman. He leads the team in rushing yards and is fifth in the Southeastern Conference.

Thomas is the team's third-highest rusher, while the second-highest is injured. **MARK OSBORNE**

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NOTICE OF FORMATION OF SAGNELLA PHYSICAL THERAPY PLLC Articles of Organization filed with Secy. Of State of NY (SSNY) on 8/25/2011 Office location: Suffolk County. SSNY designated as agent of PLLC upon whom process against it may be served. SSNY shall mail process to: c/o 11 First Ave, Moriches, NY 11955 Purpose: Any lawful activity

NOTICE IS HEREBY GIVEN that a license, serial # 1258254, for wine & beer has been applied for by the undersigned to sell wine & beer at retail in a restaurant under the alcoholic beverage control law at 136-88 Roosevelt Ave., Flushing, NY 11354 for on-premise consumption. Feng Mao Restaurant Inc. d/b/a Sol Hyang Gee 2.

NOTICE IS HEREBY GIVEN that a license, serial # 1258222, for liquor, wine & beer has been applied for by the undersigned to sell liquor, wine & beer at retail in a restaurant under the alcoholic beverage control law at 97-11 Queens Blvd., Rego Park, NY 11374 for on-premise consumption. Chikurin Japanese Restaurant Inc.

NOTICE IS HEREBY GIVEN that a license, serial # 1256767, for liquor, wine & beer has been applied for by the undersigned to sell liquor, wine & beer at retail in a restaurant under the alcoholic beverage control law at 925 Metropolitan Avenue, Brooklyn, NY 11211 for on-premise consumption. Yolas Cafe Mexican Food Corp.

NOTICE IS HEREBY GIVEN that a license, serial # 1258016, for wine & beer has been applied for by the undersigned to sell wine & beer at retail in a restaurant under the alcoholic beverage control law at 370 58th Street, New York, NY 10019 for on-premise consumption. Hot Bread of 58th Street Inc. d/b/a European.

Legal Notices

NOTICE IS HEREBY GIVEN that a license, serial # 1258022, for wine & beer has been applied for by the undersigned to sell wine & beer at retail in a restaurant under the alcoholic beverage control law at 1297 Lexington Avenue, New York, NY 10128 for on-premise consumption. Stratos Bakery Corp.

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Market watch

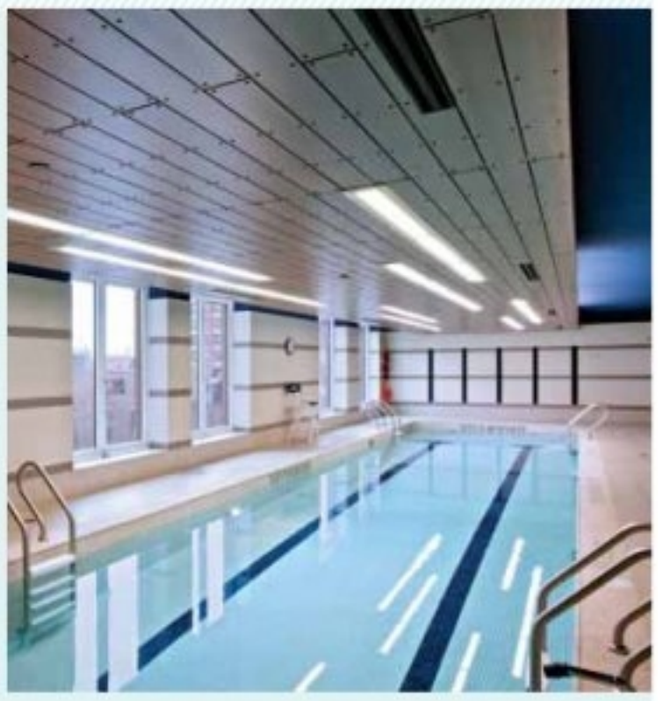
CHEAPEST
$199K
415 W. 46th St.
The cheapest property to hit the market this week is a studio at 415 W. 46th St. Listed by Bond New York for $199,000, this co-op is a possible pied-a-terre and features three closets and laundry in the building.

PRICIEST
$14.9M
941 Park Ave.
The most expensive property listed this week is a three story penthouse at 941 Park Ave. This four-bedroom co-op, with a domed skylight and roof terrace, is listed by Brown Harris Stevens for $14.9M.

STREETEASY

StreetEasy.com *is a New York-based Real Estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.*

"ORO IS OVER 70% SOLD!"



Brooklyn home-buyers, who have been snapping up homes at Oro at an average pace of 10 per month since construction completed last September, are drawn to the building's expansive city views, luxury amenities, and convenient location.

The building is ready for immediate occupancy and has been pre- approved by the FHA for financing.Oro has passed the 70-percent-sold-mark which also is a positive item in terms of buyer confidence.

The 40-story condominium includes a mix of studio, one-, and two-bedroom homes which feature high ceilings with floor-to-ceiling windows, amenities such as 24-hour doorman, state-of-the-art fitness center with a basketball/racquetball court, a resident lounge with screening room and wet bar, and indoor lap pool.

For more information, visit www.orocondos.com

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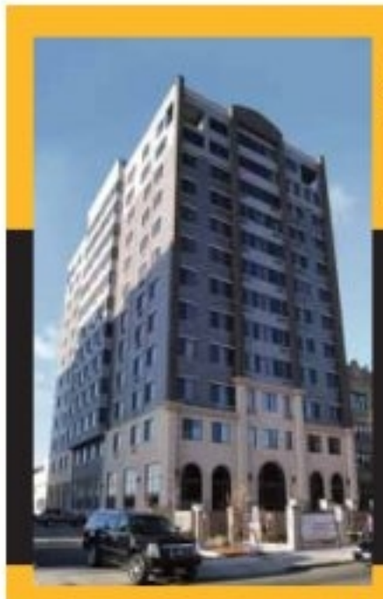

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This is no fixer-upper

With the housing market down, it's harder to sell your home than ever before Whether you're staying put for a few more years or wooing potential buyers, we've got easy tips to make your old place feel like new

For homeowners stuck in a selling stalling pattern, don't just kick back and let the place crumble until you move. Instead, ask these two questions:

Do I really need to move right now, and why didn't it sell? Then, take action, advises Jeff Kaliner, founder and CEO of Philadelphia-based Power Home Remodeling Group, which has branches throughout the Northeast and specializes in siding and windows.

"First, decide whether you want to increase the home's appeal to sell it, or to make it more comfy for you and your family," says Kaliner. Any makeover will add new appeal to a home you have tired of, plus, it'll add eye appeal when you decide to put it back on the market. "You don't have to spend a lot of money," he says. "[There are] many things you can do yourself." Kaliner gives us some ideas.

LINDA CLARKE
letters@metro.us

Replace fixtures and fittings
Whether it's light fittings or bathroom fixtures, replacing old tatty ones or matching up finishes is a simple way to streamline a room. "You can change from shiny brass to oil rubbed, or something like that," he suggests. "It makes a huge difference inside."

Replace doorknobs
This is another easy way to change the look of a room, or the whole house. "This is such a simple thing. You can change cabinet knobs or doorknobs throughout," he says.

Update basic systems
"If your heating system or water pump or any other basic system is older, think about replacing it. Make sure that the basic guts of the home are working properly and up-to-date."

Do some landscaping
"Clean up! This increases curb appeal," says Kaliner. "It's something you can do yourself. Do some planting, cut shrubs and clear the bicycles off the lawn."

Keep up with repairs
Whether you decide to stay or keep trying to sell, if your home needs some love, get to it. "You don't always get a 100 percent return on what you spend," says Kaliner. "Rather than increase the value, a well-kept home means you haven't allowed value to decrease."

Install new windows
Not only does it look better; you cut your home's energy use. "If everyone in your neighborhood has new windows and you don't, your home is at a disadvantage," he says.

Wash exterior walls
Mold, dirt and discoloration can make paintwork and siding look unappealing. "Maybe you don't need new siding or even new paint. I just power-washed my house and it looks like new," says Kaliner.

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Development updates

Dumbo
Kirkman Lofts
37 Bridge St.

The 45-unit condominium has sold 55 percent of its units, and construction is expected to be completed soon. The project offers studios and one- to four-bedroom homes, as well as four-story townhouse units with private entrances, internal elevators and roof decks. The building, a former soap factory built in 1915, features reclaimed wood accents in common areas and throughout the residences. Remaining units range in size from 861 to 2,803 square feet and in price from $625,000 to $2.4 million. Halstead Property Development Marketing is the agent.
Contact:
www.kirkmanlofts.com

How to buy art for your home

We asked Simon de Pury, art expert and mentor on Bravo's "Work of Art: The Next Great Artist" for his tips

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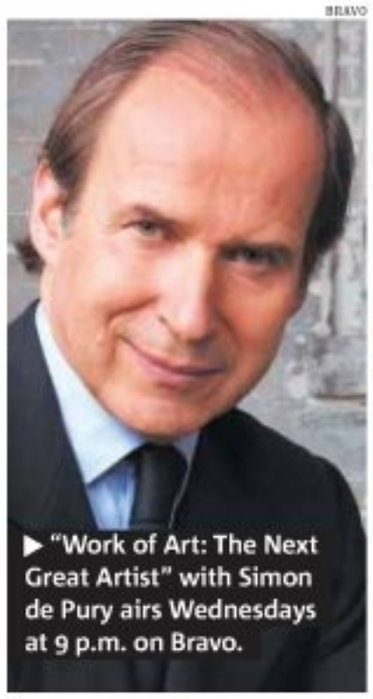


"Work of Art: The Next Great Artist" with Simon de Pury airs Wednesdays at 9 p.m. on Bravo.

Look at listings

"The websites of the main auction houses give you the full programs of all the auctions going on. Then there is a magazine called Artforum in which most galleries advertise, and that gives you a pretty good overview in terms of contemporary art."

Visit in person

"Go and see as many exhibitions as possible," he adds. "Or go and visit all the auction previews just to have an overall view and see what there is. And when there are the art fairs, like the Armory Art Fair in New York, go."

Think long-term

"Buy a work that does not only have initial strong appeal but will be great in the long run. I think the good thing is first to go out and not make any acquisitions — just make mental acquisitions. Work out what it is you personally love, and once you've done that, then it's better to leap in the water and do your first purchases."

Research prices

"Once you have identified what appeals to you personally, then you can do a bit of homework on pricing," he says. "For instance, you can go on certain websites that give you the price obtained by any artwork at public auctions, so you can see what ballpark figures you may have to spend to buy what you love. There is a website called Artnet.com, and there you can type in any artist and see, for instance, the top hundred most expensive works ever sold by that artist, with images and details of when and where they were sold."

DIGITAL VISION

"A little to the left — no wait, more to the right ..."

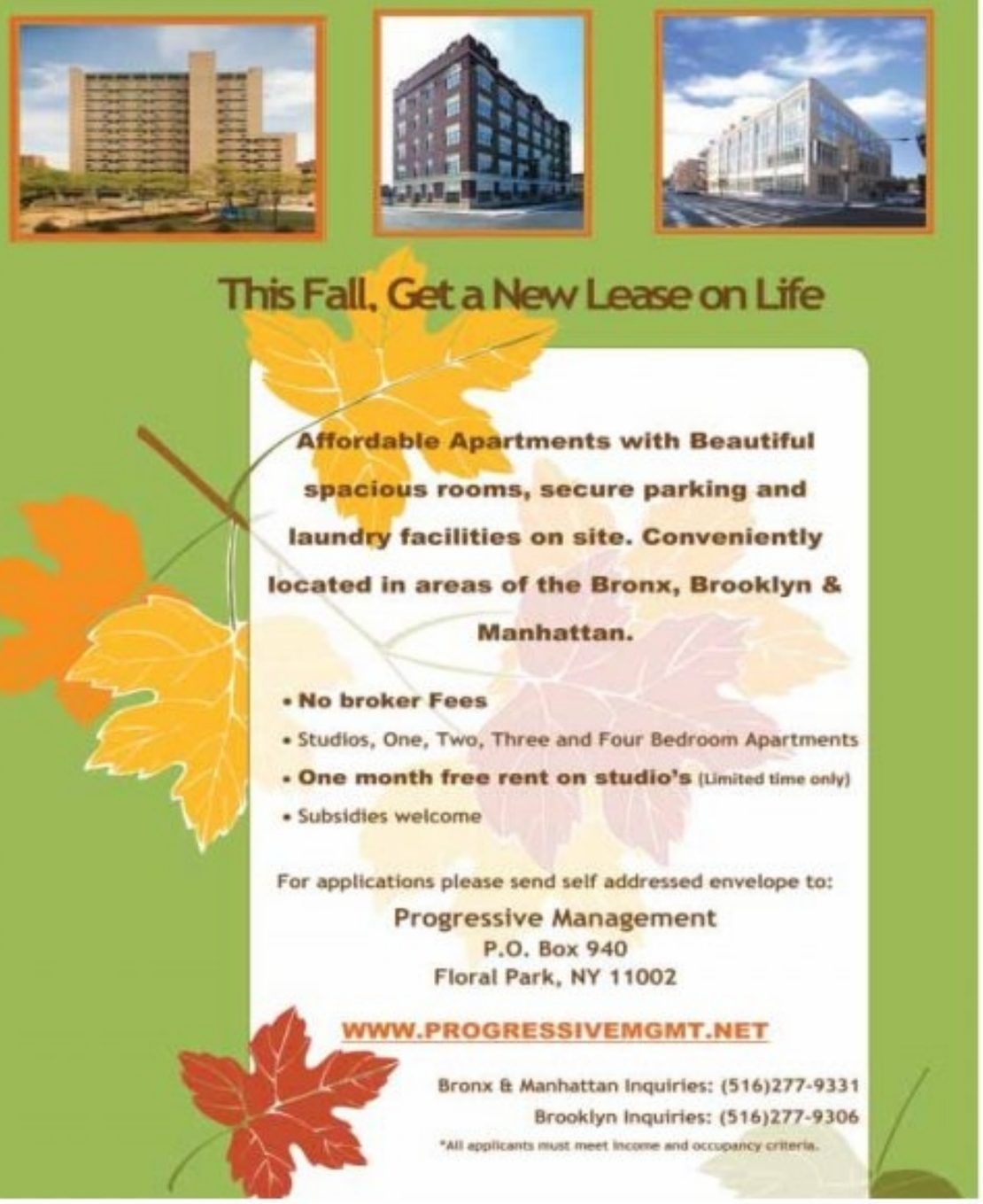
Try haggling

"You can negotiate," de Pury says, "and you can make an offer on a work, saying that that is what you're prepared to pay."

MEREDITH ENGEL
meredith.engel@metro.us

Search on the cheap

"You can go to the flea market [and] make great finds," de Pury says. "It requires time but it's a fun thing to do. I myself enjoy going to the flea market or to eBay. If you want to focus on the great masters and don't want to pay the kind of prices you may have pay for them, you can collect editions, which are [for example] prints, lithographs or etchings. There is a very active market for those."



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